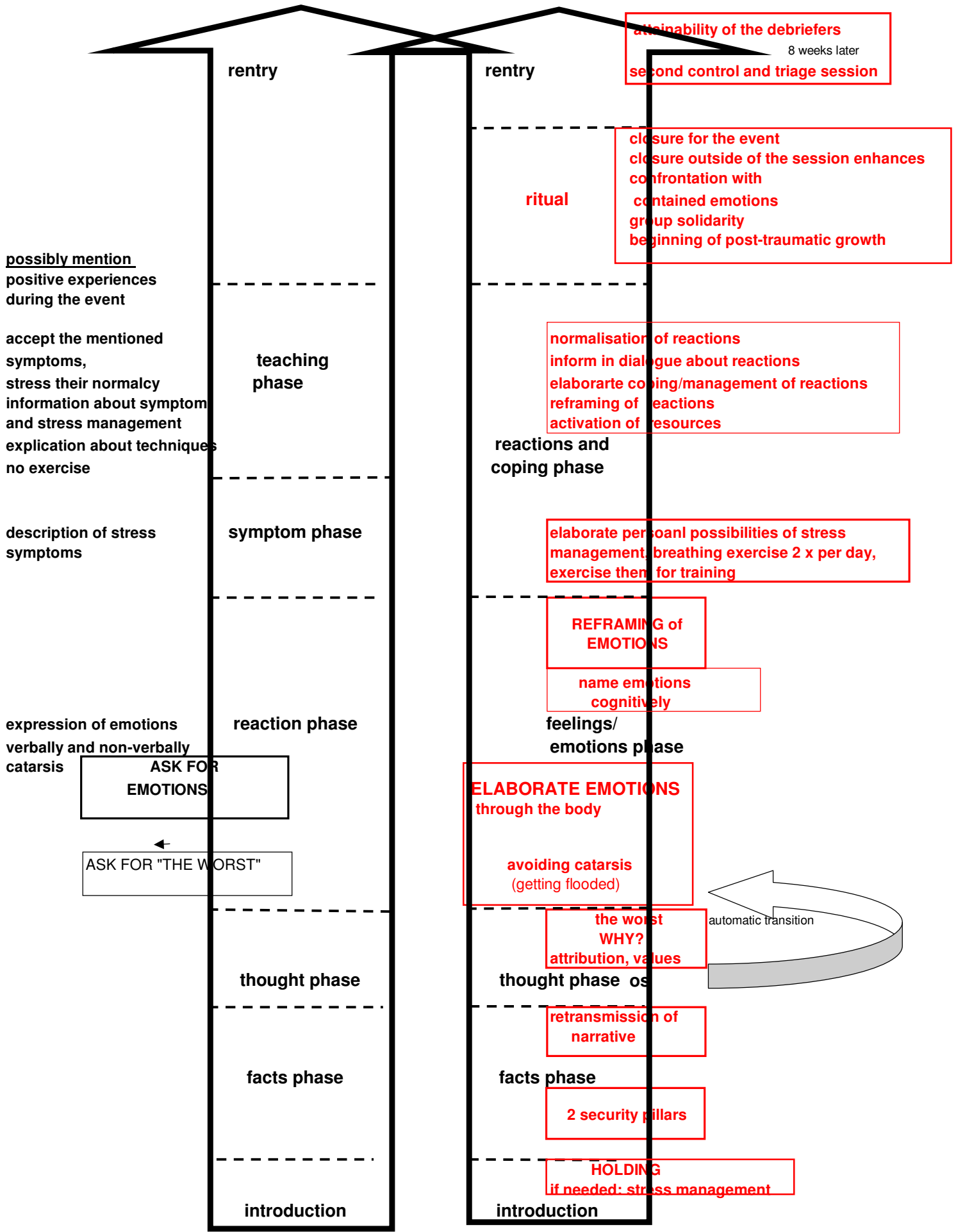


DEBRIEFING STRUCTURES IN COMPARISON



possibly mention positive experiences during the event

accept the mentioned symptoms, stress their normalcy information about symptoms and stress management explication about techniques no exercise

description of stress symptoms

expression of emotions verbally and non-verbally catarsis

ASK FOR EMOTIONS

ASK FOR "THE WORST"

CISM according to Mitchell

model adapted by G.P.K

